



The Gardens Gazette

1000 W Washington St. Jefferson, IA 50129

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Celebrating March

Mad for Plaid Month

Play the Recorder Month

Women's History Month

World Compliment Day
March 1

Proofreading Day
March 8

Shakespeare Week
March 12-18

St. Patrick's Day
March 17

World Poetry Day
March 21

Mom and Pop Business
Owners Day
March 29



From the Desk of the Director-



Hello friends,

I am happy to report The Gardens has had a wonderful start to 2018! Megan has been hard at work planning plenty of musical and performance guests. A highlight of those was our Sweet-heart Ball in early February where DJ Rock the Hart played great music, and

set the mood for the evening. Thank You to friends and family who attended and shared in our enjoyment. Thank you, Megan for all of your planning & efforts to provide successful activities and events.

If you have not had the opportunity to meet our vibrant Marketing Director, Ginny Showman, be sure to stop in on Wednesdays for Community Coffee and Doughnuts at 9 AM. Ginny is passionate about The Gardens and our tenants. She recently hosted Java and Juice for the community on January 16th and did a great job! Everyone who attended enjoyed a homemade quiche from our Dietary Manager, Denise Moranville.

Which reminds me, stop in anytime for a meal with us. It is only \$6.00 for one of the best meals in town. Our dietary team works extremely hard each day preparing meals from scratch! Denise is a trained chef and her passion for preparing food shows in each dish she makes.

Come out to The Gardens today. Where Life is Blooming!

Matt Gordon

Residents, Staff & Families Enjoying Our Sweet Heart Ball



Resident Spotlight



No matter where I go in Jefferson, when I mention The Gardens, people ask about Alice. Whether it's memories of her coordinating 4-H activities, working at the Extension Office, or sitting in the corner of Angie's Tea Garden with her lunch and a book, everyone knows Alice Walters. Alice likes to say she lived 2 lives. One with her parents and brother, and one after graduation from college. Born Alice Jean Hamilton on August 23, 1916, Alice grew up on a farm north of Glidden with her father, Burton, mother, Imogene (Heaton) and older brother, Carl. Memories of her childhood on the farm are her among her happiest moments. Like most farmers, they raised cattle, crops, and a huge garden filled with fresh vegetables and fruit. She learned to make bread by the time she was 12, but her mother wouldn't let her bake it. The wood burning stove was tricky and dangerous for a child. She fondly recalls the big Victrola record player sitting in their living room and the large collection of records her parents collected. As "punishment" for causing trouble, she and Carl had to make sure the Victrola was wound and records playing to keep mom and dad entertained. Both sets of grandparents lived within three blocks of each other in Glidden. Being able to walk just a short distance from one to the other to visit both grandmothers on the same day was a treat. The Hamiltons were proud both their children attended college. Alice graduated from Glidden High School, and received her degree from Iowa State University in Home Economics and Household Equipment. She spent her early career traveling the Midwest teaching homemakers how to use their new electric appliances. Previously, cooking was done with wood or sometimes gas. New electric ranges changed everything, and Alice helped usher in that era of convenience to families. Her later career took her to the Extension Office and working with generations of young folks involved in 4-H. Her proudest achievements include teaching people how to make their lives easier with skills she was able to share. Many who know Alice have seen her with her knitting. She watched her aunts and grandmothers knit, but didn't take up the hobby until she was 40. She said she didn't have time before then. Her knit projects are stunning, and she continues to knit mittens, hats, and sweaters for those in need. Many young people in Greene County have benefited from her warm talents. She volunteers at her church and still enjoys reading, too Alice's favorite part of living at The Gardens is the comfortable rooms and the fact she doesn't have to cook any more. She didn't move any pots and pans when she came here. Her beautiful cat, Penny with one green eye and one blue, enjoys the apartment as well. And what's her secret to her long, healthy life? Respecting the body the Good Lord gave her. But, she says, she has not gone out of her way to do things other people say are healthy. We're all lucky she is still able to teach us so much and chose to be a part of The Gardens family.

Do You Know Denise?



Denise Moranville is our professionally trained chef here at The Gardens! She makes breakfast to order for each of our residents every morning, as well as two entrees for lunch. Denise supervises a team of cooks that go above and beyond to accommodate to the needs and wants of residents. Residents love the variety of different food options served each week. Not only does she cook food in Jefferson, but she also travel to Cherokee & Britt weekly to assist in their dietary departments. "I love my job, and the people I get to work with! It is very rewarding." Come in and enjoy a scrumptious meal prepared by Denise anytime!





The Gardens Assisted Living
1000 W Washington St.
Jefferson, IA 50129

Recipe of the Month

Sugar Cookies– A Gardens favorite!

Ingredients:

2 $\frac{3}{4}$ cups all-purpose flour
1 tsp baking soda
 $\frac{1}{2}$ tsp baking powder
1 cup softened butter
1 $\frac{1}{2}$ cups white sugar
1 egg
1 tsp vanilla extract

Directions:

Preheat oven to 375 degrees. In a small bowl, stir together flour, baking soda, baking powder. Set aside.

In a large bowl, cream together the butter and sugar until smooth. Beat in egg and vanilla. Gradually blend in the dry ingredients. Roll around teaspoons of dough into balls, and place on cookie sheets.

Bake 8 to 10 minutes until slightly golden on top.